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Caregiving?

Let Coltrane LIFE Center be a solution to your resolution!



For information about how the Center's services can help you or your loved one, call Kristy Smith at 704-788-1215.

JANUARY / FEBRUARY 2023

Whatever it takes!

Coltrane LIFE Center, Inc. is a non-profit organization dedicated to providing quality daytime care to older adults, adults with disabilities, and their families since 1974.

We serve participants from Cabarrus and surrounding counties.

Our mission is to improve the quality of life for frail and impaired adults and their families through specialized adult daytime services.

321 Corban Avenue, SE Concord, NC 28025 (704) 788-1215 (704) 788-1209 fax

"LIKE" the Center on Facebook!

www.coltranelifecenter.org



BIRTHDAYS



JANUARY				
Susan Caudle (staff)	2			
Sandy Bernacki (staff)				
Barbara Caldwell (staff)	15			
Barbara Vetter (staff)	15			
Pat Putnal (vol)	16			
Virginia Hall	22			
Paulette Forney	23			
Randell Carrington (staff)	24			
Scotty Simpson	26			

FEBRUARY

Sandra Coleman (staff)	3
Fay McInnis	8
Chris Saddler (vol)	8
Letty Criscoe	14
Larry Johnson	16
Hannah Huneycutt	19
Olivia Reeder (staff)	19
Barbara Menius	20
Maxine Reed	24
Mary Black	26
Emelie McNeill	26
Flizabeth Willie	26



<u>LEARN HELPFUL INFORMATION ABOUT</u> <u>TAKING CARE OF YOUR</u> <u>LOVED ONE</u>

Join us for our C.A.R.E. meetings for all family caregivers

January 19th at 4:45pm

February NO MEETING-Memorial Service 6pm

Coltrane LIFE Center's monthly C.A.R.E. meetings are held on the third Thursday of each month at 4:45pm. <u>Snacks</u> are provided. No RSVP is required. During all C.A.R.E. meetings, your loved one can enjoy an activity in a separate room. We appreciate Pat & Burt Putnal for leading these meetings each month. For more information, contact Kristy Smith at 704-788-1215.

INCLEMENT WEATHER POLICY

Coltrane LIFE Center posts inclement weather closings & delays on Channel 9 WSOC (www.wsoctv.com). Also, a staff member will call each participant if the Center will be closed.

Contributions continued from back page:

Gary Sheetz; Kim & Ellen Shore in memory of Marie Long; Teresa Small in memory of Frances Small; Marna Smith; Carol Soucie in memory of Norman Soucie; Debbie Spears; Elaine & Anthony Spencer in memory of Mary Grace Mason; Ron & Sallie Staley; Steffanie & Allen Sutphin in memory of Janice Williamson & Barbara Schwader; Dori & Jim Thurman in honor of David & Beverly Maulden, Edward & Kris Peurifoy & Shirley Hickok; Margaret Tyndall in memory of Pete Tyndall; Garry & Victoria Vanderburg; Nancy Vogler in memory of Kathleen Tucker; Marshall & Tess Ward; Nelly Welsch; Barbara Widenhouse in honor of Aubie & Steve Purser and Cindy & Brent Widenhouse for Christmas; Cindy Widenhouse; Wayne & Libby Williams in memory of Rosemary Goodman; Donna Wood; Allstate Giving-Amy Barrett & Wanda Laursen; Duke Energy-Donna Keck & Ricky Tucker in honor of Robbie Tucker; Nothing to Lose Concepts; Poplar Tent Presbyterian Church; UWGC Cincinnati-Sherry Flaherty; Venture Business Systems-Donna Gilmore

Memorial Service

Coltrane LIFE Center will hold a memorial service on Thursday, February 16th, at 6pm to remember former participants and others who have gone before us. We want to honor their lives and all the joy they brought us. We invite you to join us in this celebration.

Father Jim Bernacki will lead us in a short service and blessing of our loved ones. Light refreshments will be provided.

We will hold this service in place of our February CARE meeting.

WE LOVE OUR VOLUNTEERS!

Dr. Steve Ayers Thomas Fry Doris Redding Ann Blackwelder Kenny Frye Robert Ruehlen Alice Gamble Bill Russell Esther Boger Ken & Susan Graf Chris Saddler Ruth Brooks Ruth Ann Bruno Leslie Harper Faye Sailsby Barbara Hinsen Lillian Shirley Edmund Brown Sheila Isenhour Marjorie Brown Jamie Small Kelly Caudle Cornelia Kerr Reece & Phyllis Smith Angie Cook Sara Kulikowski The Smith Family April Cook Sylvia Lewis Joey Stapp & Leo Carolyn Crawford Foster Lynch Norman Tacla Peggy Lynch Rose Tacla Jenny Dabbs Sandra Douglas Judy McDonald Kathy Waters Jody Edwards Dr. Jon McKinsey Dr. Nelly Welsch Mary Whitaker Mira Eury Bert & Pat Putnal Mary Fink Megan Queen Cindy Widenhouse

Atrium Health Cabarrus College OT & Nursing; Cross of Christ Lutheran Youth Group; Kimball Lutheran Church; PACE-Beni; St. Johns Grange Youth Group

The Center will be open on Monday, January 16, 2022, (Martin Luther King Day). For your convenience, we will **NOT** close that day.

NEEDS LIST



BINGO prizes baby wipes bran/diabetic cereal tea (decaf) copy or colored paper nonstick bandages food service gloves fresh/canned/frozen fruit whole wheat crackers gasoline gift cards

multi-fold paper towels paper drinking straws paper towels/napkins postage stamps Splenda/Sweet & Low coffee creamer toilet paper gift cards

nitrile or vinyl gloves (any size) Lysol/disinfectant spray or wipes

financial contributions for scholarship support

Special Thanks to:

- **Cabarrus Dance Academy for donating** contributions from their ballet to Coltrane LIFE Center.
- **Families of Rosemary Goodman, Mary Grace** Mason, & Ola Sells for designating memorials to the
- **Judy McDonald for donating & wrapping Christmas** gifts for participants to give to their family members.
- CH3 Employees for giving gifts to needy participants.
- **Cabarrus Resource Link for the Christmas Caravan** and needs list items.
- **Everyone who supported our November and** December bake sales and Wish List tree.
- Friends, participants & family members for their generosity during the Christmas season.
- Chris Smith for visiting as Santa.

Thank you for your in-kind donations:

Tammy Barbee	Rebecca Delaney	Renee Hedrick	Terrence Mason	Katrice Smith-Osei
Charlotte Baxter	Clint & Myrtle Edwards	Robin Hill	Jennine McInnis	George Tallent
Sandy & Jim Bernacki	Jan Foster	Jeannine Hohenthaner	Emelie McNeill	Jessica Tarlton
Ann Blackwelder	April Funderburke	Carl Huneycutt	Sandra & Franke Prete	Arlene Thompson
Sheila Bolan	Libby Furr	Micha Janiga	Cory Prudhomme	Rick Tuck
Susan Caudle	Chris Garnett	Bonnie Jones	JoAnn Queen	Richard Valentime
Jane Champion	Nancy Green	Debra Joyce	John Reeves	The Vanderburgs
Judy Coble	John & Jan Griffin	Judith Kroll	Julia Roskamp	Annie & Linda Walk
Carol Cooper	Judy Hager	Becky Lambert	Bob & Rebecca Shinn	Kathy Waters
Allison Cottingham	Jim Harmon	Barbara Lentz	Lisa Siebert	Karen Wilder
Beverly Cox	Pat Harwood	Sylvia Lewis	Daniel Smith	Dave Woodruff
Teresa Curless	Laura Hatley	Mike Lowder	Clay & Teri Smith	

Cabarrus Health Alliance; Chocolatier Barrucand; Crescent Heights-Ashley; Cross of Christ Lutheran Church Youth; ECA Extension-Pam Walker; Elder Orphan Care-Kim Jackson; Five Oaks-Sara Westfall; Home Instead-Leah Furr; The Landings of Cabarrus-Harriett Bonner; Levine Hospice-Jim Cooper; Morningside-Katherine Brown; Poplar Tent Presbyterian Church-Helping Hands Ministry; Propel Church; St. John's Grange Kids; Terrabella-Kristy Helms; TrueCare Pharmacy

Coltrane LIFE Center, Inc. 321 Corban Ave., SE Concord, NC 28025 Non-Profit Organization U.S. POSTAGE PAID CONCORD, NC 28025 PERMIT NO. 211

RETURN SERVICE REQUESTED We will be OPEN Monday, for Monday, for Martin Luther King January Luther King Martin Loay Label Here

Thank you to the following who contributed financially to Coltrane LIFE Center!

Ann E. Allen in memory of Phillip Allen; Rafe & Teresa Allison; Loretta Allman in memory of Georgiana Whitaker; Loree & Joe Anderson; Jean Aube; Thomas & Linda Aubrecht; Rev. Steve Ayers; Betty Harmon Babb in memory of Bill Babb; Ronald & Michelle Barger; Mackie & Merley Basinger in memory of Rosemary Goodman; Rita Basinger in memory of A.C. Basinger & Brady Eudy; Sandy Bernacki in memory of Helen Cummings; Clara Blanchard in memory of Mary Grace Mason; Alice Brafford in honor Libby Furr and all LIFE Center participants; Keith & Janice Brewington; Lynda M. Bryant in memory of Mary Grace Mason & in honor of Terrence Mason; James & Betty Lou Buckner in memory of Mary Grace Mason; Ron Bunten & Family in memory of Clare Bunten; Sherry & Jeff Bunten in memory of Clare Bunten; Carla Caldwell; Carrie Cameron in memory of Helen Cummings; Ruby Carter in memory of Rosemary Goodman; Susan Caudle in honor of Kathleen Furr & in memory of Harold Beckwith, Darrell Campbell, Rosemary Goodman, Dr. Hugh Malone, Mary Grace Mason, & Ola Sells; Dorin Chandler in memory of Carrie Louise Norman; Roger K. Clark in memory of Carol Jean Clark & Ralph Hartsell & in honor of Jesus Christ and The Shepherds Chapel; Lisa & Darrell Cline; Jo Coble; Judy Coble; Steve Collins in memory of Nancy Collins; Alan & Nancy Cress in memory of Rosemary Goodman; Robert & Jane Croucher in honor of Libby Furr; Sue Darago & Family in memory Mary Grace Mason; Kindl Shinn Detar; Vera Drye in memory of C.W. & Ola Little; Rose Edwards in memory of Rosemary Goodman; Clint & Myrtle Edwards; Becca & Mira Eury & Letha Mauldin in memory of Gladys Mauldin & Gail Mauldin Rushing; Greg & Sherry Faggart in honor of Susan Caudle; Mary Fink; Jan & Tom Foster in honor of Coltrane LIFE Center Staff; Jean & Robert Gantt; Gina Goff in memory of Brady & Elfeida Eudy; Kathleen Goodman; Earl & Padgett Goodman in memory of Rosemary Goodman; Mary Ann Graham; John & Jan Griffin in memory of Rosemary Goodman; Janice Griffin in memory of Ruth Watts; Nancy Griffin; Jerry & Judy Hager; Robin & Barbara Hayes in memory of Rosemary Goodman; Pam Hayworth in honor of Pat Haines & in memory of Ray Haines, Rosemary Goodman, Mary Grace Mason, Darrell Campbell, Harold Beckwith & Ola Sells; Adrienne & Anthony Hersey; Becky Holmes; Fay Holmes, Judy Misenheimer, Barbara Mullinax, Frances Lee & Lee Beth Crowle in memory of Rosemary Goodman; Sheila Hughes in memory of Dr. Lynn A. Hughes; Sheila Isenhour; Jan Jackson & Julie Dyson in honor of Frank & Sandra Prete; Joan Jones in memory of Branson Jones; Aube & Justin Kies; Dr. & Mrs. Douglas G. Kelling, Jr.; Betty & Richard Lapish in memory of Rosemary Goodman; Patsy Lawing in memory of Mary Grace Mason; Alec & Dawn Lockavitch; Matt, Susan, Ella, Caleb & Andrew Love in memory of Mary Grace Mason; Becky Lowery in memory of Rosemary Goodman; Kim Lyda; Debbie & Carmine Mannello in memory of Ethel Goewey; Carl & Viola Mason; Judy McDonald in honor of Donna Gilmore; CeCe Miller; Lee Morris in memory of Billie Morris Jordan; Mr. and Mrs. Hugh H. Morrison; Walter & Janice Odell; Carol Peck; Lane Peeler in honor of Doris Redding; Hannah Pennell in memory of Mary Grace Mason; John Reeves in honor of Patricia Reeves; Emily & Gray Riley; William & Lisa Roberts; Michael & Janet Roberts; Brian & Holly Roder in honor of Kristy Smith; Diana Rorie; Robert & Leigh Ann Ruehlen; Jim & Nancy Rutledge; Chris Saddler; Judy & Steven Selvey in memory of Mary Grace Mason; (contributions continued on page 3)