

# LIFE

*line*

**Is your New Year's resolution to make sure your loved one is getting the best care possible?**

**Then come to Coltrane LIFE Center!**

**Services include nutritious meals, therapeutic activities, healthcare, interaction with friends, and much more. Also, exercise is an important part of the daily activities at the Center!**



*Participants learning to eat with chopsticks while enjoying a snack at the Center.*



*Participants and staff enjoying a walk in the hallway.*

For information about how the Center's services can help you or your loved one, call Kristy Smith at 704-788-1215.

**JANUARY /  
FEBRUARY  
2024**

*Whatever it takes!*

Coltrane LIFE Center, Inc. is a non-profit organization dedicated to providing quality daytime care to older adults, adults with disabilities, and their families since 1974.

We serve participants from Cabarrus and surrounding counties.

Our mission is to improve the quality of life for frail and impaired adults and their families through specialized adult daytime services.

321 Corban Avenue, SE  
Concord, NC 28025  
(704) 788-1215  
(704) 788-1209 fax

*"LIKE"* the Center on Facebook!

[www.coltranelifecenter.org](http://www.coltranelifecenter.org)

 **Coltrane  
L.I.F.E. Center, Inc.**

# BIRTHDAYS

## JANUARY

Susan Caudle (staff)	2
Verna Daly	3
Sandy Bernacki (staff)	11
Barbara Caldwell (staff)	15
Dennis Willis	15
Virginia Hall	22
Paulette Forney	23
Randell Carrington (staff)	24
Seth Kindley (staff)	25
Juan Santiago-Guilbe	28
Myrtice Clayton	29



## LEARN HELPFUL INFORMATION ABOUT TAKING CARE OF YOUR LOVED ONE

Join us for our C.A.R.E. meetings for all family caregivers

**January 18th at 4:45pm**

**February 15th at 4:45pm**

Our monthly C.A.R.E. meetings are held on the third Thursday of each month at 4:45pm. Refreshments are provided. No RSVP is required. During all C.A.R.E. meetings, your loved one can enjoy an activity in a separate room. For more information, contact Kristy Smith at 704-788-1215.

## FEBRUARY

Faye Roberts	1
Sandra Coleman (staff)	3
Chris Saddler (vol)	8
Hannah Huneycutt	19
Olivia Reeder (staff)	19
Kathy Wichman	19
Barbara Menius	20
Karen Craven (staff)	23
Emelie McNeill	26
Elizabeth Willis	26



## INCLEMENT WEATHER POLICY

Coltrane LIFE Center posts inclement weather closings & delays on Channel 9 WSOC ([www.wsoc.tv](http://www.wsoc.tv)). Also, a staff member will call each participant if the Center will be closed.

## Thank you for your in-kind donations:

Fr. Jim & Sandy Bernacki	Jim Harmon	Emelie McNeill
Ann Blackwelder	Pat Harwood	Karen Morris
Marcia Bowlin	John & Dana Hilfirty	Carol Nimer
Robert Carpenter	Brenda Hill	JoAnn Queen
Darrell Carroll	Jeannine Hohenthauer	Margaret & Henry Riley
Deana Cartright	Carol Hovey	Kristy Roland
Susan Cathcart	Joe Howell	Diana Rorie
The Coopers	Princess Jackson	Barbara Sheppard
Beverly Cox	Mary Ann James Walker	Lillian Shirley
David Crisco	Micha Janiga	Angela Simpson
Clint & Myrtle Edwards	Barbara Lentz	Carol Soucie
Stacie Fernandez	Sylvia Lewis	George Tallent
April Funderburke	Pam Lockard	Linda Whitesides
Libby Furr	Nancy Lonsbury	Betty Williams

Charlotte Pi Beta Phi Alumae Club; Christ The Good Shepherd; Cross of Christ Lutheran Church-NOAH Prayer Shawl Ministry; Locust Elementary Third Grade Class; Propel Church



**WE LOVE OUR VOLUNTEERS!**

Leann Almond	Kenny Frye	Megan Queen
Dr. Steve Ayers	Wayne Furr	Doris Redding
Cutter Baxter	Ken & Susan Graf	Phil Ruehlen
Nash Baxter	Barbara Hinsin	Bill Russell
Edmund Brown	Sheila Isenhour	Chris Saddler
Marjorie Brown	Sara Kulikowski	Faye Sailsby
Olivia Cairns	Sylvia Lewis	Lillian Shirley
Kelly Caudle	Foster Lynch	Nancy Sloop
Angie & April Cooke	Peggy Lynch	Chris & Molly Smith
Carolyn Crawford	Judy McDonald	Reece & Phyllis Smith
Chris Culp	Dr. Jon McKinsey	Norman Tacla
Sandra Douglas	Joyce Melvin	Dori Thurman
Michael Doyle	Shirley Miller	Marie Wanchisen
Clint & Myrtle Edwards	Rick Mullins	Dr. Nelly Welsch
Jody Edwards	Steve Parker	Mary Whitaker
Thomas Fry	Cassandra O'Neal	Cindy Widenhouse

Cabarrus College of Health Sciences Nursing Students; Cabarrus Vocational Opportunities; Christ The Good Shepherd Church; Cross of Christ Lutheran Church; Kimball Lutheran Church; Propel Church; Serendipity Players

**NEEDS LIST**

BINGO prizes	Kleenex/tissues
baby wipes	<b>multi-fold paper towels</b>
bran/diabetic cereal	paper drinking straws
decaf tea (not herbal)	<b>paper towels/napkins</b>
copy or colored paper	postage stamps
nonstick bandages	Splenda/Sweet & Low
food service gloves	<b>coffee creamer</b>
fresh/canned/frozen fruit	<b>toilet paper</b>
gasoline gift cards	<b>whole wheat crackers</b>
3 ring binder notebooks	anti-bacterial hand soap
AA, AAA, & C batteries	medicine cups 1oz.
<b>nitrile or vinyl gloves (any size)</b>	
<b>#9 or #10 window envelopes</b>	
Lysol/disinfectant spray or wipes	
financial contributions for scholarship support	

**Special Thanks to:**

- ◆ Cabarrus Dance Academy for donating contributions from their ballet to Coltrane LIFE Center.
- ◆ The family of Letty Crisco for designating memorials to the Center.
- ◆ Judy McDonald for donating & wrapping Christmas gifts for participants to give to their family members.
- ◆ Cabarrus Helping Hearts & Hands (CH3) employees for giving gifts to needy participants.
- ◆ Everyone who supported our November & December bake sales & Needs List tree.
- ◆ Friends, participants & their family members for their generosity during the Christmas season.
- ◆ Chris Smith for visiting as Santa.

**The Center will be open on  
Monday, January 15, 2024  
(Martin Luther King Day).  
For your convenience, we will  
NOT close that day.**

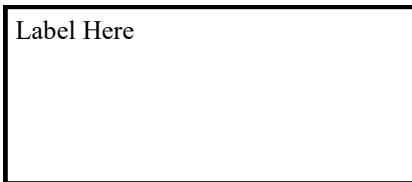


**Special thanks to Cabarrus Resource Link  
for the Christmas parade & donations from our needs list!  
We enjoyed the parade & especially the Christmas Carolers from the Past.**

Coltrane LIFE Center, Inc.  
321 Corban Ave., SE  
Concord, NC 28025

Non-Profit Organization  
U.S. POSTAGE  
PAID  
CONCORD, NC 28025  
PERMIT NO. 211

RETURN SERVICE REQUESTED



**Thank you to the following who contributed financially to Coltrane LIFE Center!**

Constance Arnette in honor of all Coltrane LIFE Center staff; Jean Aube; Betty Babb in memory of Bill Babb & W.H. Whitley, Jr.; Ronald & Michelle Barger; Ann Blackwelder; Rita Basinger in memory of A.C. Basinger & Brady L. Eudy; Susan Caudle in memory of Dan Smith, Letty Crisco, Emily Beaty, & Jim Harmon; Judy Coble; Steve Collins; Jane Croucher in honor of Libby Furr; Jerry Davis; Michelle Dodds; Clint & Myrtle Edwards; Greg & Sherry Faggart in honor of Susan Caudle; Harold & Betty Falls; Mary Fink; Jan Foster; Kathleen Goodman; Mary Ann Graham; Janice Griffin in memory of Ruth Watts; John & Jan Griffin in honor of Cameron Griffin; Jean L. Harwood-Stanhope; Pam Hayworth in honor of Pat Haines & Barbara Perry & in memory of Ray Haines, J. Henry Perry & Letty Crisco; Adrienne Hersey; Ned & Linda Hodges in memory of Ruth Watts; Bea Hinson in memory of Fran B. Holland; Sheila Isenhour; Joan Jones in memory of Branson C. Jones; Aube Kies; Kim Lyda; Viola Mason; Judy McDonald in memory of Logan Gilmore; Emelie McNeill & Marla Johnson in memory of Mary Lou "Butch" Bost; Hugh & Mary Margaret Morrison; Terese Odell; Frank & Marilyn Pancotto; Carol Peck; Lane Peeler in honor of Doris Redding for her birthday; Jerry & Judy Hager in memory of Magaret Hager & Ruby Goss; John & Patti Reeves; Danita Rickard in memory of Hearne (Rick) Rickard; Margaret & Henry Riley in honor of their children & grandchildren; Phil Ruehlen; Jim & Nancy Rutledge; Chris Saddler; Gary Sheetz; Sharon Sides in memory of Lula Barbee; Teresa A. Small in memory of Frances M. Small; Clay & Terri Smith in memory of Bob Sells, Bill Smith & Mrs. Gene Smith; Teresa Smith in memory of Daniel T. Smith; Ron & Sallie Staley; Dori Thurman; Linda Peck Vanderburg & Barbara Peck Hartsell in honor of Carol Peck; Steffanie Vaughan in memory of Janice S. Williamson & Barbara Schwader; Deborah Walker in memory of Letty Crisco; John & Cathy Weast; Barbara Widenhouse in honor of Aubie & Steve Purser and Cindy & Brent Widenhouse; Donna Wood; Allstate Giving-Amy Barrett & Wanda Laursen; Cabarrus Dance Academy; Cabarrus County Community Foundation; Cross of Christ Lutheran Church; Duke Energy-Sandra Douglas; Nothing to Lose Concepts; Poplar Tent Presbyterian Church; Rivera Masonry; Venture Business Service Corp-Donna Gilmore.