

While your loved one is enjoying a fun-filled day of delicious food, meaningful activities, and fellowship with friends, you can enjoy peace of mind knowing that your loved one will be cared for in a safe, loving place.



**COLTRANE L.I.F.E. CENTER  
HOURS:**

Monday through Friday  
7:15 a.m. to 6:00 p.m.

**704-788-1215**



**Coltrane  
L.I.F.E. Center, Inc.**

*Adult Day Health Services*

321 Corban Avenue, SE  
Concord, NC 28025

[www.coltranelifecenter.org](http://www.coltranelifecenter.org)

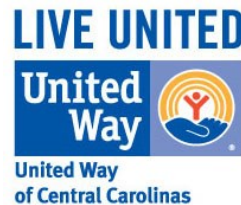
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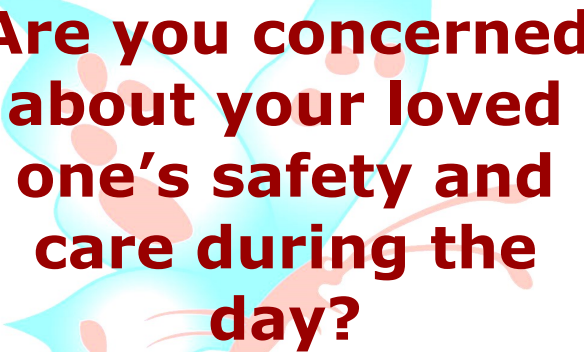
Email: [ksmith@coltranelifecenter.org](mailto:ksmith@coltranelifecenter.org)

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Certified by North Carolina Department  
of Health and Human Resources,  
Division of Aging



USDA Equal Opportunity Provider & Employer



**Are you concerned  
about your loved  
one's safety and  
care during the  
day?**



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Coltrane L.I.F.E. Center provides daytime healthcare services to adults in Cabarrus and surrounding counties.



## What does Coltrane L.I.F.E. Center offer?

### FOR YOUR LOVED ONE

- Nutritious breakfast, lunch, and afternoon snack served daily (Special diets accommodated)
- Health monitoring by a full-time nurse on staff
- Music, games, activities, crafts, exercise, field trips, and friends
  - Beauty and barber shop services
  - Specialized care for those with dementia or other special needs
  - Transportation to and from the Center, and to and from doctor's appointments
- Personal care such as bathing, bathroom assistance, and nail care



### FOR YOU AND YOUR FAMILY

- Reduced stress knowing that your loved one is taken care of in a safe, secure place with trained staff members
- Time to work or rest during the day
- Monthly C.A.R.E. (Concerned Adults Responsible for the Elderly) meeting provided for all family members to receive support, encouragement, and education about various caregiving topics



*For information or a tour, call at 704-788-1215.*